

---

# Optimising self-support and reported health outcomes in people with chronic disease, and sustaining these over time

Prof Adrian Schoo

*Flinders University, Adelaide, Australia*



**Prideaux Centre**  
for Research in Health  
Professions Education



# Aim and learning outcome of the meeting

- To discuss and explore how to optimise self-support and associated health outcomes in vulnerable people with chronic disease, and what this means to health workforce education or professional development



---

# Points of discussion

- Is vulnerability associated with an increased risk of chronic disease?
- Share experiences and learnings of managing chronic disease in vulnerable populations
- What methods have worked well to facilitate self-support?
- What are the educational implications for undergraduate and postgraduate teaching or professional development?

