# Effective interprofessional education; an innovative approach to delivering collaborative working

Dr Ruth Strudwick, Associate Professor & Suzanna Pickering, Senior Lecturer, University of Suffolk



## Introduction

- This presentation analyses the effectiveness of an interprofessional learning (IPL) day for 3<sup>rd</sup> year health and social care undergraduates
- 228 students on the module from seven different courses
- The students were divided into interprofessional groups of ten students



# Introduction

- IPL has been in place since 2000 (Leathard, 2003)
- IPL should improve interprofessional collaboration and the quality of care (CAIPE, 2008)
- Many high profile cases have identified the need for IPL (Laming 2003; Laming, 2008; Francis, 2013)



# Aim

 The aim was too create an authentic IPL learning experience mimicking current practice and to generate self-directed independent learners with an awareness of modern interprofessional working



#### Outcomes

- To increase third year health and social care student's confidence in communicating in a multi-disciplinary team (MDT) setting
- To enable students to develop a greater understanding of safe-guarding and domestic violence
- To allow students to gain an awareness of the roles of each member of the MDT and what constitutes an appropriate referral to each member of the team



# Preparation

- A family case study was developed that was both inclusive and authentic
- This was written so that there was something relevant to each of the professional groups
- Students were divided into interprofessional groups
- For the afternoon we invited a panel of experts from practice



| Family<br>Case<br>Study | Cheryl:<br>aged 39, Mum              | <ul> <li>History of breast cancer</li> <li>Has been in 2 previous abusive relationships</li> <li>On anti-depressants</li> <li>Cares more for Shaun than her children</li> <li>Has had some unexplained bruising</li> </ul>  |
|-------------------------|--------------------------------------|---|
|                         | Shaun:<br>28 years old,<br>Boyfriend | <ul> <li>Partner to Cheryl for past 6 months, does not live<br/>in the family home but is a frequent visitor</li> <li>Invites friends round there for drinking parties</li> <li>Is unemployed but always has money</li> <li>Left 2 dogs with Cheryl to protect her</li> </ul> |
|                         | Kim:<br>aged 17, Eldest<br>daughter  | <ul> <li>28 weeks pregnant with first baby</li> <li>Her partner Liam is working as an apprentice</li> <li>Kim still lives in the family home</li> <li>Verbally expressed her dislike for Shaun</li> </ul>   |
| ersity                  | Janet:<br>aged 62,<br>Grandma        | <ul> <li>Mother to Cheryl &amp; Grandma to all the children</li> <li>Not liked by Shaun</li> <li>Has vascular dementia and is becoming forgetful</li> <li>Has insulin dependent diabetes</li> </ul>   |



| Family<br>Case<br>Study | Daniel:<br>aged 11, twin<br>brother to Paul    | <ul> <li>Quiet lad, never any trouble</li> <li>His school work has deteriorated over the last term and he often appears distracted</li> <li>Does not like Shaun</li> </ul>                 |
|-------------------------|--|--|
|                         | Paul:<br>aged 11, twin<br>brother to<br>Daniel | <ul> <li>'Difficult' boy</li> <li>Attended A&amp;E twice in the last 6 months with suspicious injuries</li> <li>Behaviour at school is worsening</li> </ul>                                |
|                         | Claire:<br>aged 6, and the<br>youngest child   | <ul> <li>Confidence declined lately</li> <li>Been wetting bed for past 4 months</li> <li>Recent hospital admission for abdominal pain</li> <li>Scared of Shaun &amp; the dogs</li> </ul>   |
| versity<br>uffolk       | Two male<br>aggressive<br>dogs                 | <ul> <li>Not taken out for walks unless Shaun goes out to "do a bit of business"</li> <li>There have been numerous complaints from the neighbours about the noise the dogs make</li> </ul> |



# The day

- Family case study introduced to groups of students
- Problem based learning in groups based on the family case study
- Questions for the panel formulated
- Panel question and answer session
- Plenary



## **Results**

Student feedback:

- "An enjoyable and informative day"
- "Really engaging and helpful"
- "It was very beneficial to work so closely with other professions"
- "We enjoyed the freedom to learn about one another"
- "I really gained an insight into the roles of other professionals"
- "It was a complex and interesting case study, providing opportunities for all professionals to discuss how they would input into this family".



### Results

The staff members involved in the day also found this to be a positive experience.

There were two main themes which came from the staff feedback:

- Working in an interprofessional teaching team
- Learning from and about one another



# Conclusion

- Student feedback suggests that the IPL problem based learning, case study approach was a success
- The quality of the relationships between staff has become recognised as imperative for successful delivery of IPL
- As a team of IPL educators we were very pleased with the student feedback and the benefits that the students expressed that they had gained in undertaking the session



09 January 2019

University of Suffolk

# Any Questions?



#### References

- Leathard A (2003) <u>Interprofessional Collaboration From Policy to Practice in Health and Social Care</u>. Brunner-Routledge, Hove
- CAIPE (2008) <u>www.caipe.org.uk/about-us/defining-ipe</u>.
- Laming (2003) The Victoria Climbie Inquiry. HMSO, London.
- Laming (2009) The Protection of Children in England: A Progress Report. HMSO, London.
- Francis R (2013) <u>Report of the Mid-Staffordshire NHS Foundation Trust Public Inquiry</u>. The Stationery Office, London.

