

PROJECTED ACTIVITIES



EXPECTED RESULTS



SUCCESS

TIME FOR CHANGE

IT IS UP TO YOU

WHICH DIRECTION

YOU CHOOSE !!!

**LET'S HELP
THE FUTURE
LEADERS**

**TO REVEAL
THEIR TRUE
POTENTIAL!**



LET'S LIGHT THE FIRE OF INSPIRATION FOR GROWTH

IN THEIR HEARTS!

A group of graduates in black gowns and stoles are celebrating, with many throwing their black mortarboard caps into the air. The caps are scattered across a bright, cloudy sky. The graduates are looking upwards with joyful expressions, some with their arms raised. The scene is set outdoors with some greenery visible in the background.

COACHING

IN THE UNIVERSITY

THE INOVATIVE WAY

TO A SUCCESSFUL CAREER



THANK YOU!

1. I am here to present you a fragment of a large and remarkable project that puts the education of a new psychedelic and gives it new significance!
2. I want to thank the team members. The enthusiasm and creativity they have shown to get the idea for this project to you.
3. Years of experience and multiple moments of awareness on the path of "professional provocation" has prompted the whole team to wake up Teachers in Teachers!

HOW CAN WE ACHIEVE THIS?

3. Firstly, we should look closely at the problem...and not looking at it as a problem let's get closer to its essence ... and try to understand it.

4. In the context of social and intense technical changes over recent decades, a **rethink of the concept of openness to learning opportunities** has been provoked.

- A worldwide trend in education is the **amount of information to be reduced**. The rest of the time is expected to be **taken by an individual creative process**.
- It would be better if **students are left to ask their own questions**, to formulate new tasks, to solve real unsolved cases in order **to acquire practical medical skills**.
- Apart from the sphere of scientific knowledge, the **methods of studying** it are equally important. The right to choose a learning approach is strongly **influenced by the motivation of the student**.

ОГРАНИЧАВАЩИ ВЯРВАНИЯ

5. Currently, the main focus of education is put on the:

- High scores
- Passing exams
- Getting signature

6. A new trend in education implies the need for conscious self-development among students.

7. We frequently label students or condemn their actions without even asking ourselves what could be concealed behind this behavior, without even asking them or hearing what might be the reason.

- That's how we demotivate them additionally.
- And what they actually need is **not to be compared with others**, but to free to reveal their own potential and individuality and learn how to express it. We should **support them to learn to live through values** and to learn from their mistakes.

8. Students can embrace **learning as a creative process** that involves synthesizing information from different sources, understanding this information and seeking new and up-to-date ideas on how to use it in different situations.

- In this context, attention is drawn to two main points in learning: **motivation and aspiration for knowledge.**
- **Motivation depends directly on the teaching methods of the lecturer** (as well as many other factors such as the social and educational environment, for example),
- and **the aspiration for knowledge depends directly on the chosen approach of learning** - practical focus is particularly important (and yet insufficient) for medical students - doctors and nurses

9. Today we think of a teacher as someone who gives answers without students putting any efforts, "pouring" knowledge into their head, as we often say, and taking full responsibility for what they have learned.

- The coach is an equal partner who supports students more quickly and sustainably in time to achieve their success in a desired area.

10. In addition to the **transfer of knowledge** / information, can:

- **Stimulate individual goals** and aspirations in each student.
- Direct each learner to the **most appropriate learning approach**.
- This requires a **qualification** not only in the discipline / course they teach but also **in pedagogy, psychology, philosophy, more and more in modern technologies** to keep students interested
- Expand the sources of information and provide **methodological diversity** in the educational process.

History

11. For the first time, the word "coach" as a synonym for an instructor and coach is used in the 1830s in the jargon of Oxford University in the sense of a lecturer who "carries" the student through the exam. A "coaching" action - transferring people from where they are to a place where they would like to be.

12. The main advantages of implementing coaching skills

- Coaching is one of the **new approaches** that is applied to Europe's education systems and across the world.
- By applying coaching skills, educators **create a new culture based on creativity, self-knowledge, empathy, purposefulness, and result-oriented development.**
- The main advantages of implementing coaching skills in the education system are:
 - effective communication
 - overcoming internal barriers and limiting beliefs
 - enhancing and maintaining motivation
 - formulation of goals and planning
 - performance-oriented development
 - managing progress

Взаимовръзката между говорител, слушател и реалност на събитията чрез изграждане на доверие между тях, адресирано по емоционален и ценен за слушателя начин, показано чрез логическо доказателство.

13. The effect of it can be explained scientifically by how our brain and mind function.

- It generates over 100 trillion synaptic connections (imagine over 1,000 terabytes of memory) between brain neurons that are over 100 billion.
- When the coach provokes the student to search by himself, to imagine that something is possible, to saturate his senses with the end result even before it becomes reality, the neurotransmitters or the hormones that make us feel what we feel - dopamine, serotonin, oxytocin, and the like are being activated.

14. International experience

France, Finland, Russia, Turkey, Israel, Indonesia and others.

Bali, Indonesia - coaching program for three months, the statistics are impressive:

- 96.7% of respondents said they had increased their confidence
- 93.3% have found innovative and creative ideas for teaching the material
- 93.3% have increased their motivation and engagement
- 95% have increased their creativity
- 95% have improved their personal performance and the performance of students
- 90% have reported that they have begun to make decisions faster
- 86.7% have uncovered their unexpected potential
- 64% responded that the impact of learning was deeper and lasting

15. ЧЕТЕ СЕ ТЕКСТА ОТ СЛАЙДА

16. The EC SALTO-YOUTH project with the joint participation of the National Agencies of the Youth in Action Program of 7 European countries has developed a European strategy for coaching approaches among young people.

- The tools, publications and training activities that are oriented towards youth initiatives and projects have proven to be useful and functional.
- This leads us to expect the same effects of improved communication and leadership among medical students, healthcare professionals and individuals in their educational environment.

17. Aim

- Diffusion and promotion of coaching approaches among medical students, health professionals and individuals in their educational environment.
- Scientific research (conduct a case-control study) on the effectiveness and benefits of implementing coaching approaches.

18. Твой текст за skills

19. (ако решиш да го оставиш) Creating positive attitudes in the academic environment and the surrounding community by applying coaching approaches in learning.

- Enhancing the role of educational institutions and trainers in building an inclusive educational environment and **delivering quality education tailored to the individual needs of each student.**
- Collecting information on the effectiveness of coaching approaches to serve their scientific-based dissemination.

20. The focus of this project is aimed at supporting medical students, health professionals and individuals in their educational environment in the process.

21. This means a very different perspective and a change in the whole role that the teacher plays.

- For example, each student, with his uniqueness, is in the focus of the learning process and deliberately chooses learning through individualism.
- No focus should be put on imperfections and lack of knowledge.
- **Here comes the irreplaceable help of a coach to capture what each student is good at, what excites him and to support him develop this quality or subject with him, leaving him responsible for his actions.**

22. The methods to be used are **proven to be effective** on the basis of many years of international and personal experience :

- acquaintance with matter through **practical experience** of real case studies in the form of **role-playing games**;
- transmitting the information in **a dialog rather than a monologue**
-

23 се чете от слайда

24. Available electronic platform with useful materials and literature in the discipline.

- Transparency and accessibility of information in the platform - all work set up for self-preparation (for example, coursework, presentations, essays, etc.) will be uploaded to the platform as any teacher and student of the same specialty will have access to them
- **Rating** - In addition to the access to any material, each student will also be able to give a personal assessment of the assignment, thus determining how much the teacher has assessed the given task objectively. Materials that are rated less than 50% will drop out of the system .
- **Rating for each teacher by the students** - also each student will have the opportunity to give feedback to the teachers themselves and the effectiveness of the coaching approaches in the training.

25. Solving case studies asked by students about examples that are currently important to them

- Making of short presentations by the students on a topic chosen by them concerning the discipline.
- Group discussions.
- Giving and receiving feedback.

26. These are hours of mutual help. This could help all those who have faced some challenges in carrying out their current tasks.

27. Each lecture will be recorded on a video record that will be accessible to all learners in the discipline, regardless of their location.

- This gives an incentive to increase the self-commitment of the student to the discipline he has chosen to study.

28. Всички тези методи са насочени към...и се изчита текста от слайда

29. И **30.** се изчитат като допълнителни методи

31. Organization of one-day sessions for the training of trainers.

- Conducting information and demonstration sessions to promote coaching approaches with a duration up to 4 hours.
- Collecting scientific information by conducting a case-control study on the effectiveness and benefits of the practical application of coaching approaches.
- Analysis and presenting the results of the study in a form of scientific articles, reports of conferences and presentations on the contribution of coaching in learning.
- Building a digital platform with useful materials and literature.

32. To provoke reflection, creativity and inspiration in up to 3000 informed people on coaching approaches to learning.

- Trained up to 1000 individuals from the target groups who are given access to more knowledge have the opportunity to take greater responsibility and cooperate more to achieve better results.
- A scientific representative case-control study of 1,000 people to be conducted on the effectiveness and benefits of coaching in education to support their scientifically based dissemination.
- **Останалите слайдове само се изчитат**