

Greek Nursing Workforce and Transcultural Competencies in Healthcare Provision



Presentation Outline

- Intro
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Into

The Refugee and Migratory Flows

Numbers and Origin



Definitions of "Migration" and "Refugee"

• **Migration**: "The movement of a person or a group of people, either across an international border, or within state" (IOM, 2011).



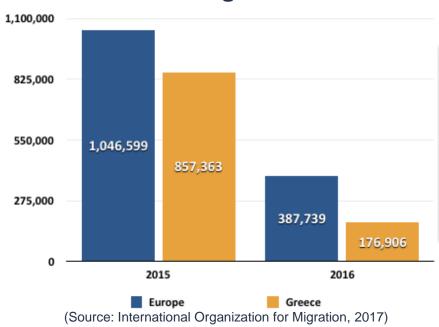
 Refugee: "A person who has been forced to leave their country in order to escape war, persecution, or natural disaster" (UNHCR,1951).





Refugee Statistics 2016

Number of Refugees for 2015-16



Country of Origin for 2016

- Syria 46,5%
- Afghanistan 24,2%
- Iraq 15,2%
- Pakistan 4,9%
- Iran 3,1%
- Other Countries 6%



Access to Greek Healthcare Services

Via the Joint Ministerial Decision entitled "Arrangements for Securing the Access of Unsecured Persons to the Public Health System" and later of the Law N.4368/2016, refugees are entitled to **Free of Charge** access to:

- Necessary Healthcare (Clinical and Medical Examinations)
- Pharmaceutical Care
- Hospital Care



Transcultural Nursing

The Importance in Nursing Practice



The Meaning of Transcultural Nursing

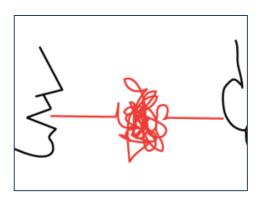
- Madeleine Leininger Developer of the concept of Transcultural Nursing.
- Transcultural nursing is a comparative study of cultures to understand similarities (culture universal) and differences (culture-specific) across human groups (Leininger, 1991).





Communication Barriers

- Absence of private space Privacy
- Small time allocation Lack of attention
- Different perception of health and urgency
- Use of terminology Language barriers
- Difference in expectations and reality
- Stress or anger
- Different culture and language of communication





Reasons to Implement Transcultural Nursing

- Elimination of patient's marginalisation and social exclusion.
- Recognition and understanding of the cultural specificities of minorities.
- Achieving successful communication between caregivers and patients, governed by respect.
- Application of true holistic care to patients



Study Presentation

Aim - Methodology



Aim of the Study

The aim of the present study is to:

- Investigate whether Greek nurses have been trained in transcultural nursing
- Assess the knowledge and attitudes of the Greek nursing workforce on transcultural approaches to health care
- Evaluate whether the education they received was sufficient to provide effective and quality healthcare services to people of different cultures.





Methodology

The study was conducted using the following methodology:

- After thorough article review the questionnaire was designed and tested.
- The distribution of the questionnaires was via internet using the **Google Forms** platform.
- Using SPSS24 the answers of 252 Greek Health care professionals was analysed.



Main Findings

Demographics and Educational Level



Demographics (1)

| <u>Sex</u> | Family Status: | Education: |
|------------|-------------------|---------------------|
| Men58 | Married:137 | Voc.Train. Inst:32 |
| Women194 | Single:82 | Tech. Edu. Inst:122 |
| | Divorcee:29 | University:1 |
| | | |
| <u>Age</u> | Widower:3 | 7 |
| <25:24 | | 7 Nurs.Special.:24 |
| | Widower:3 Other:1 | 7 Nurs.Special.:24 |
| <25:24 | | 7 |

PhD: ______



Demographics (2)

- The majority of participants (71.4%) work as nurses in public hospitals.
- The largest percentage (21.4%) works in the pathology clinic.
- Most nurses (36.9%) work between 6 and 15 years.
- 22.6% of the respondents work in the **Prefecture of Attica**, followed by Thessaloniki (14.3%).



Educational Level in Intercultural Communication

- The majority of the sample (45.6%) consider that the Transcultural Nursing courses were taught during their studies are not sufficient for their future practice.
- The 12.7% attended seminars during their studies, 22.6% through their work and 14.3% of the sample on their own initiative.
- Most of the respondents attended seminars motivated by personal growth.



Transcultural Nursing at Work

- The majority of the sample (46%) stated the lack of available educational material at their workplace.
- Of the nurses questioned, the 47.6% consider the intercultural skills of their superiors inadequate.
- Over half of the sample (65.9%) stated that there is no support from the Greek Nursing Associations to strengthen intercultural nursing.



Personal Attitude

- Only 31,7% of the nurses believe that they have the necessary knowledge and skills to provide Transcultural Health Services.
- The vast majority of the sample (86.5%) consider that more training programs are needed.
- Multicultural education is considered a necessity from the 90,1% of the health care professionals.
- The will to attend further training programs in the future is stated by 77,8% of the sample.

Conclusions

The Main Conclusions of the Study.



Conclusions

- Greek nurses are not satisfied with the level of intercultural
 education they received.
- Health care professionals do not have confidence in transcultural skills of their superiors.
- The lack of transcultural competence creates **challenges** in everyday practice.
- Greek nurses stated that they plan on continuing their transcultural training in the future.



Recommendations

Recommendations to Support the Transcultural Needs of Greek Nurses.



Recommendations (1)

- Design and promote a policy on national level on Transcultural nursing and intercultural communication.
- Integrate the course of Transcultural Nursing into the compulsory curriculum of every Nursing School.
- Create more transcultural educational programs and Motivate
 Greek nurses to attend them.
- Strengthening the hospital education department to meet the Transcultural Needs of Greek health care professionals.



Recommendations (2)

- Intercultural training for managers of hospitals to be made mandatory.
- Greek Nursing Associations should seek ways to strengthen Transcultural Nursing.
- Employment in every Health Institution of Cultural Mediators and Interpreters.
- Participation of immigrant and refugee nurses in the design of new national policy.



Οι άνθρωποι είναι φύσει ίσοι, θέσει άνισοι...

Plato

